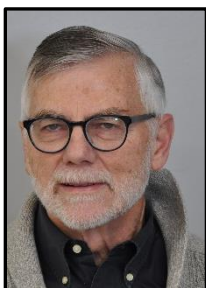


THE MENS BRAMPTON PROBUS WALKING CLUB HAS INTRODUCED A NEW SUB CLUB FOR THOSE WHO ARRIVE LATE FOR THE FRIDAY WALK - IT'S AIM IS TO REDUCE EXERCISE AND INCREASE CALORIE INTAKE'





President's Message

As this is my year end message, I want to begin by thanking the members of the management team for their support, enthusiasm, and hard work over the past year. I am also most grateful to our members for their positive and encouraging feedback. Our club remains vibrant because of your participation.

At our Annual General Meeting on September 3rd, you will meet the management team that will be in place for the upcoming year (yes, they will look very familiar).

Additionally, there will be an opportunity to review our financial report along with the proposed budget for the year. Should you have any questions about either the financial report or budget, we will do our best to respond. Copies of both are included in this newsletter.

If you have not yet renewed your membership, I hope you will do so. Also, we are continuing our search for a Vice President. We welcome expressions of interest as new management team members help our club thrive.

As we begin a new year, I want to introduce a resource that has been very well received by several other area Probus clubs, a Technology Booster Club. This club is an interactive virtual presentation facilitated by a Tech Coach. The monthly sessions have a flexible agenda that can be tailored to the interests of the participants. Who amongst us hasn't wished to know more about the technology that we deal with almost daily. There is a cost to participants. The details regarding the actual cost and the monthly time slot will be determined if there is sufficient interest to proceed. I will share more details at our upcoming meeting.

On a personal note, I have enjoyed my extended time as President of the club, and I thank you sincerely for continuing to make it such a positive experience.

Murray Gingrich

gingrichmurray@gmail.com

MANAGEMENT COMMITTEE

President Murray Gingrich
gingrichmurray@gmail.com

Vice President
Vacant – Could be You

Secretary
Greg Allen
gregallen112@gmail.com

Treasurer
Peter Volkes
bramptonprobus@gmail.com

Membership Director
Jack O'Reilly
jake.diane@sympatico.ca

Program / Speaker Director
Neil Watson
Neilwatson2016@gmail.com

Newsletter Director
Bob England
Rp_england@yahoo.ca

Special Events Director
John Inglis
Johninglis1@bell.net

Director without Portfolio
Mike Davis
Mikedavis0723@gmail.com

Property Director
Jack Murphy (416) 605-7910
Jackcmurphy46@hotmail.com

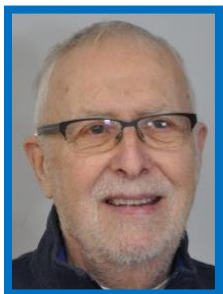
Information Technology & Archivist
Dieter Christiansen
dieterc@rogers.com

Friendship & Fellowship Director
Peter Kuipers
peterthomaskuipers@gmail.com



VICE-PRESIDENT

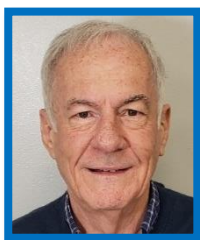
the position is vacant. It could be you! This is a great opportunity to better know the Club and its members. A trajectory from VP to President and then Past President. If interested, and we know you are, please contact Murray Gingrich (President) 647-527-5630 or by email gingrichmurray@gmail.com



FRIENDSHIP & FELLOWSHIP

Peter Kuiipers

To share please contact our Fellowship Director, Peter Kuipers, at home at (905) 453-1759 or on his Cell phone (905) 965-3958 or through email peterthomaskuipers@gmail.com



PROGRAMS & SPEAKERS

Please note – Our meetings will be livestreamed for those unable to attend, and then archived for future viewing. The Zoom link will be emailed on the Monday, the day before the Meeting.

SEPTEMBER MEETING – GUEST SPEAKER



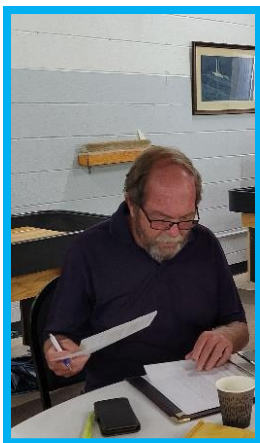
JENNIFER GARNER – THE CHARLES H. BEST DIABETES CENTRE

Jen is a Registered Practical Nurse who attended Durham, Mohawk and George Brown colleges, and holds a certification from the Michener Institute for further education in nursing and diabetes. Jen started at the Best Centre in 2012, as the Telemedicine Coordinator. Her role has expanded greatly over the years and is a great support to patients during pediatric clinic days. She has a passion for continuous glucose monitors and flash monitors and loves helping patients learn about this exciting technology.

In her spare time Jen enjoys cycling, downhill skiing and time at her trailer fishing and swimming.

Jen is also the Mom of Ethan who was diagnosed with type 1 diabetes in 2011 at the age of 8. The following year Ethan was also diagnosed with celiac disease. The Best centre has supported Ethan and Jen with education and care to live the best life following this diagnosis.

PROBUS ANNUAL GENERAL MEETING

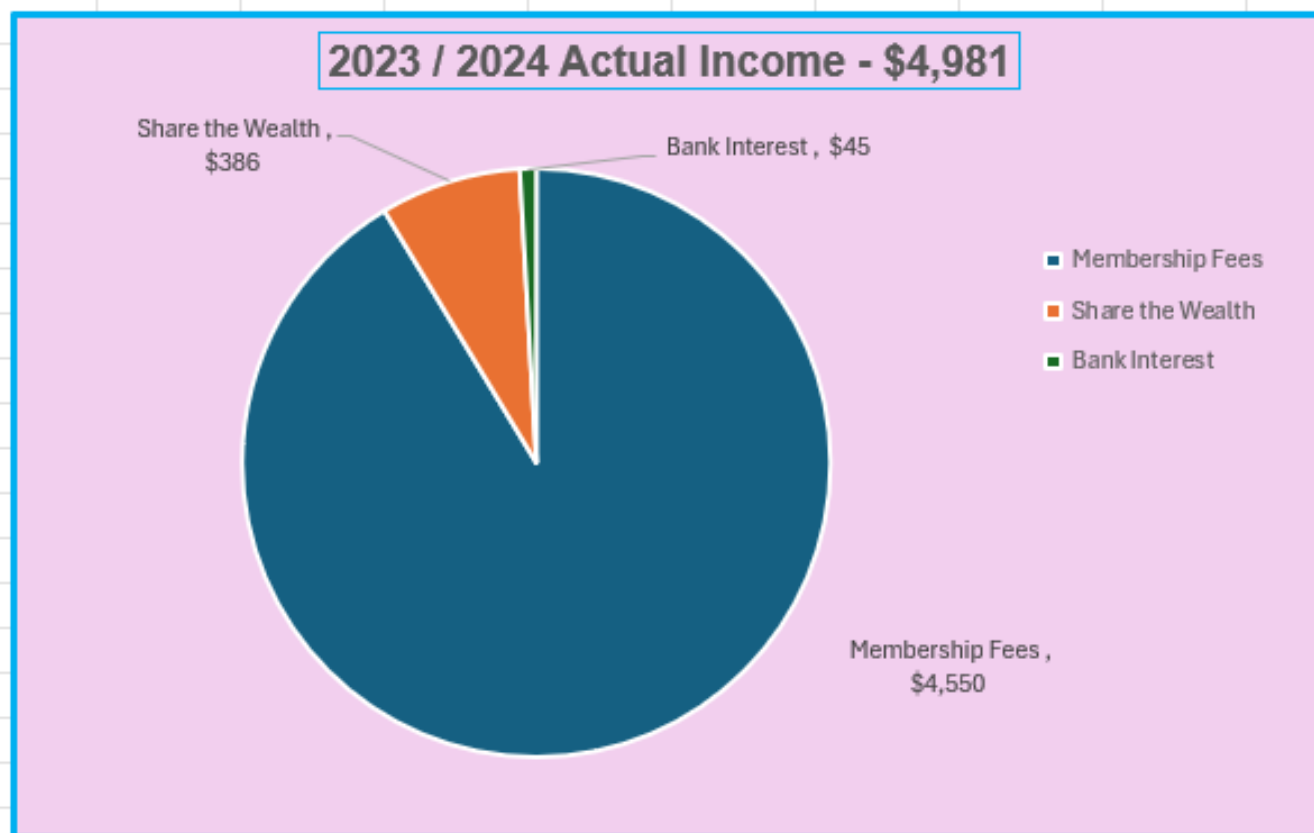


FINANCIAL

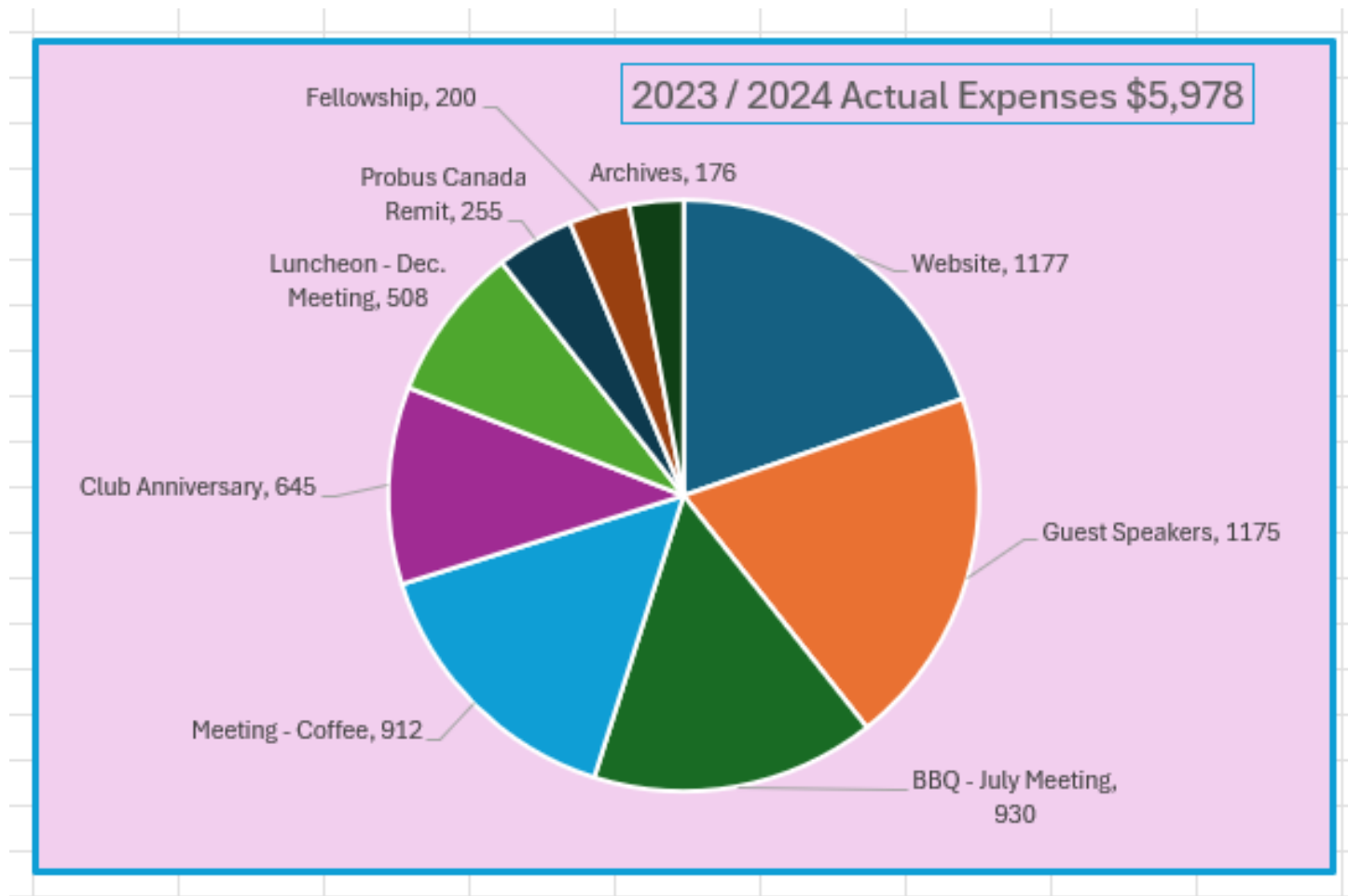
Peter Volkes, Probud Club Treasurer, reminds members that the 2024 / 2025 membership fees are now due. And unlike everything else lately, they remain unchanged at \$50.00

Payment by cash or cheque can be made at the September 03 meeting. Cheques can be mailed to P. Volkes, 4 Armstrong St., Erin Ontario N0B 1T0 or by e-transfer bramptonprobus@gmail.com

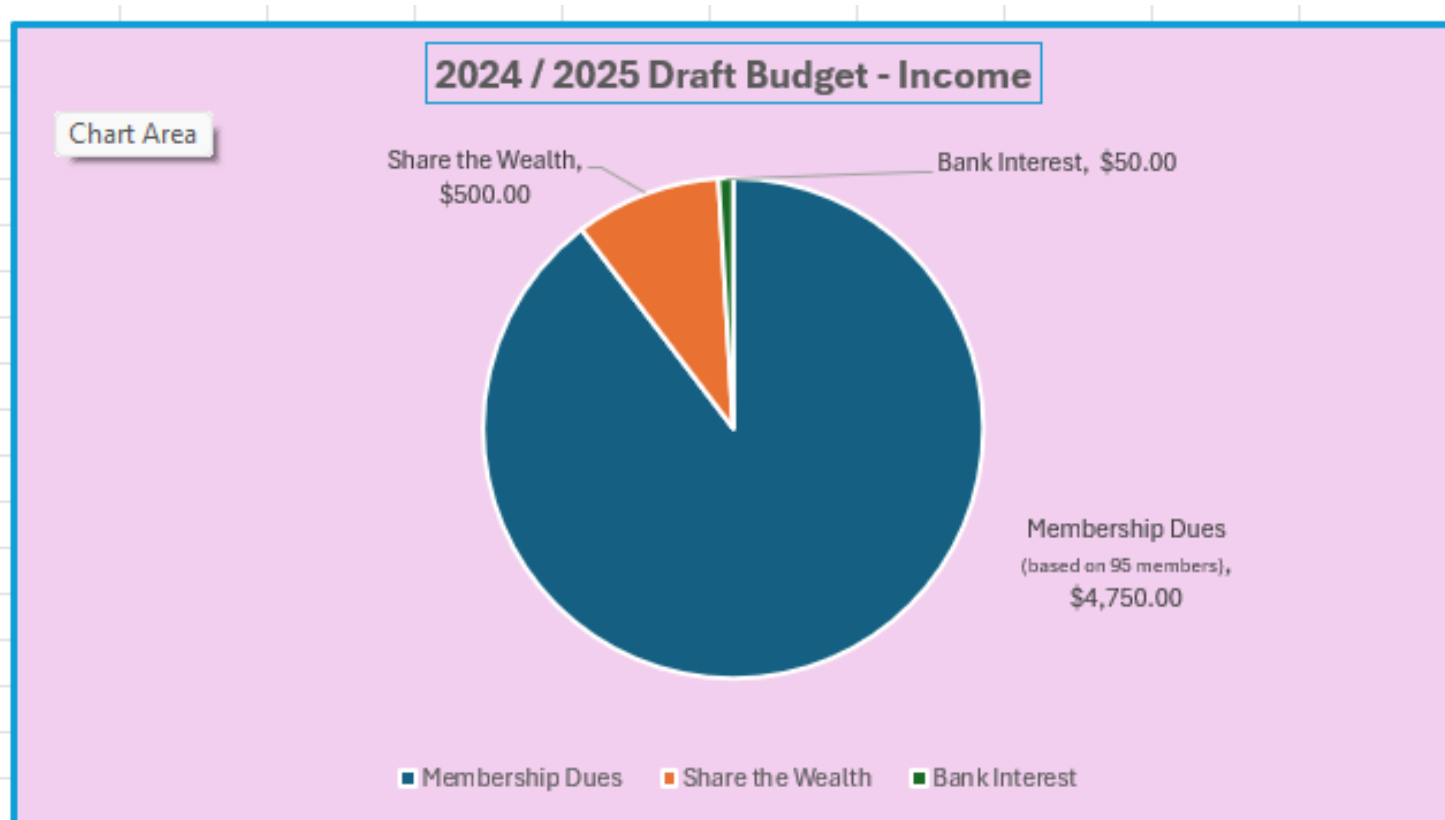
Last Year's (2023 / 2024) ACTUAL INCOME



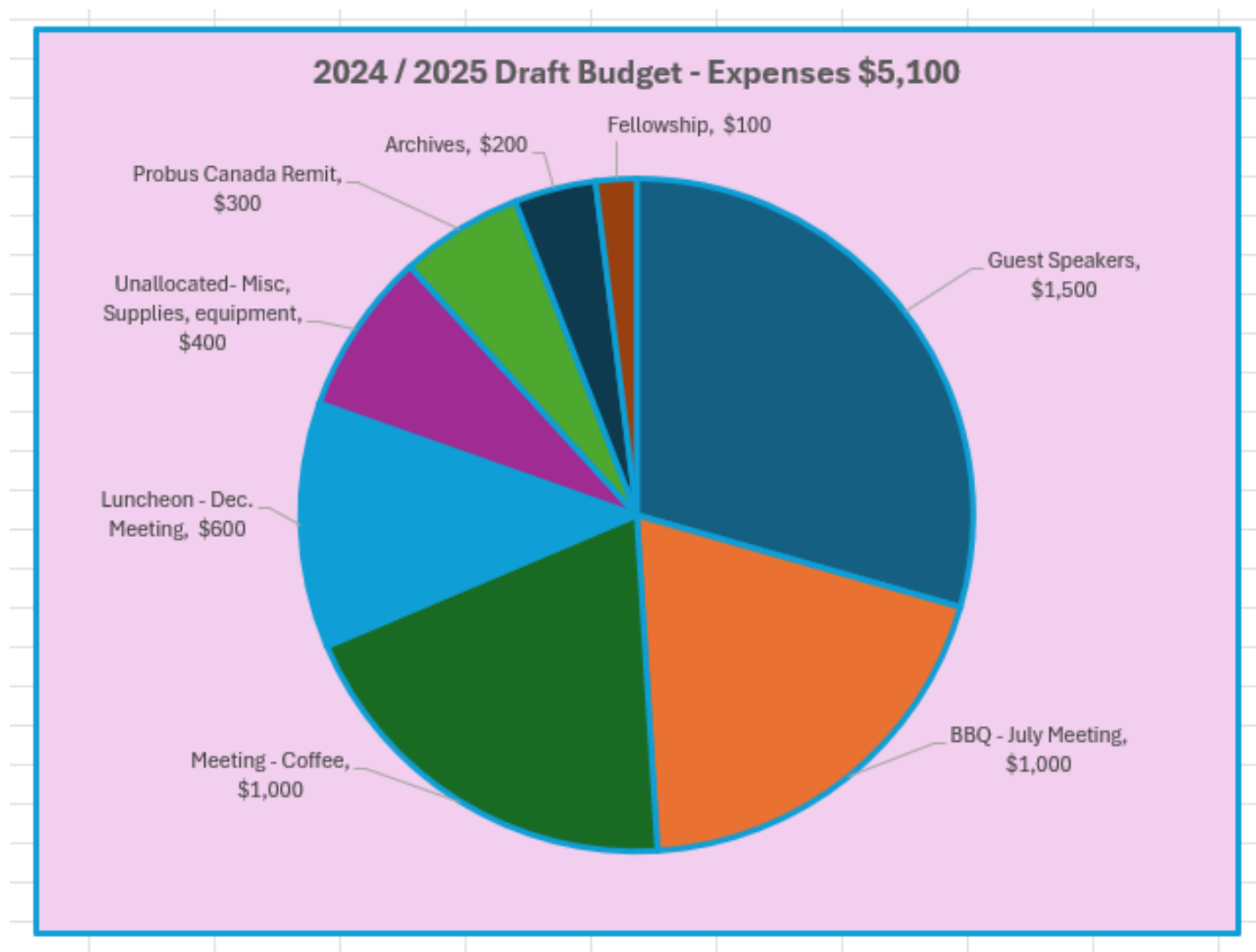
Last Year's (2023 / 2024) ACTUAL EXPENSES



This Year's (2024 / 2025) DRAFT BUDGET – INCOME

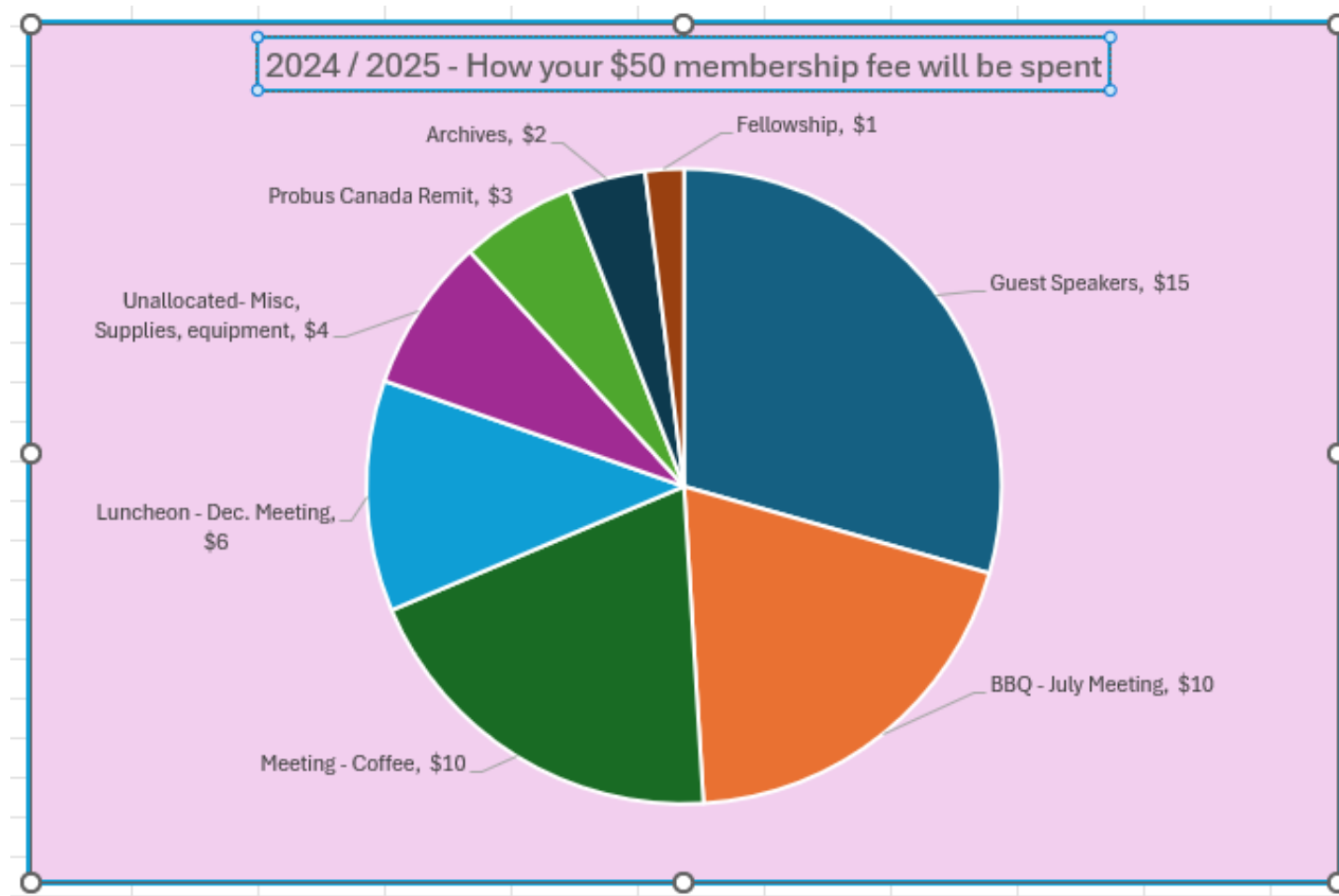


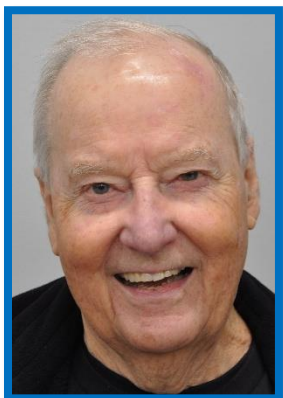
This Year's (2024 / 2025) DRAFT BUDGET – EXPENSES



This Year's (2024 / 2025) DRAFT BUDGET

HOW YOUR \$50.00 MEMBERSHIP FEE IS BUDGETED TO BE SPENT





After the Tues. September 03 meeting



Magnum's Bar and Eatery

21 McMurphy Ave N, Brampton, ON L6X 1X4



BOOK CLUB

Monday Sept 16th, 2024 @ 2:00 pm

Central Public School

24 Alexander St. Brampton

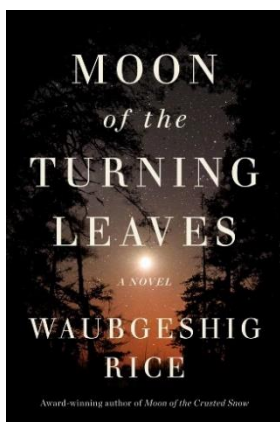
New members are always welcome.

Questions?... Contact Fred Messacar at Fred.messacar@gmail.com



September Book Club meeting....

It was Cec's turn to select the book...." Before going to the cottage, I went to the 4 corners library enquiring about different Canadian topics - and a senior librarian suggested a best seller, MOON OF THE TURNING LEAVES by Waubgeshig Rice who is an Anishinaabe writer and journalist from the Wasauksing First Nation near Parry Sound.



Moon of the Turning Leaves

4.28 5,360 RATINGS

826 reviews

In this gripping sequel to the award-winning post-apocalyptic novel Moon of the Crusted Snow, a brave scouting party of hunters and harvesters led by Evan Whitesky must venture into unknown and dangerous territory to find a new home for their close-knit but slowly starving Northern Ontario Indigenous community more than a decade after a world-ending blackout.



COCKTAIL / SOCIAL HOUR *(this hour has 40 minutes)*

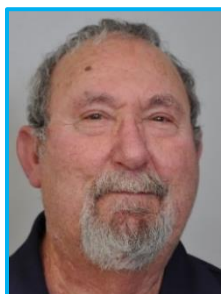
And you thought AI (Artificial Intelligence) knew it all !!

You will find out differently when you join us Friday afternoons at 4:00 pm as we generously provide a wealth of knowledge and advice to all that will listen.

The Cocktail hour (it is only 40 minutes) is a virtual social get together each Friday @ 4:00 pm. You provide your own Beverage from the comfort of your own home, and we provide Friendship, Camaraderie, and spirited discussions.

It is light-hearted, completely casual, and a lot of fun – Barrie Williams ends the hour* with three quizzes and trivia questions. Cheers, see you there!

The invitation for this event is emailed, on Fridays, to all our Probus members and it includes the Zoom link. Questions? Contact Mike at mikedavis0723@gmail.com



DARTS, CARDS, and OTHER THINGS.

A terrific way to spend Thursday afternoon between 1:30 – 4:30 at Spot One 289 Rutherford Rd. South... An amazing lunch offering is available.

Questions? Contact Marcel marcel.spidaleri@gmail.com or Mike Mahaney retiredsharyn@hotmail.com



WALKING CLUB



The Walking Club walks each Friday.

Questions should be directed to:

Elgin Kreuger ekreuger@sympatico.ca; 905.457.5377

Steve Hughes gshughes33@gmail.com 416.985.6667

Kanti Mistry mistry.kanti@gmail.com 416.453.0766

SEPTEMBER SCHEDULE



SEPT. 6 CHELTENHAM VILLAGE- CALEDON TRAILWAY EAST

Meet at the Caledon Trailway parking lot at #14663 Creditview Road, which is north of the General Store in Cheltenham. 9:30AM start.

SEPT. 13 ETOBICOKE CREEK TRAIL- BOVAIRD TO SANDALWOOD

Park in the Scotia Bank parking lot near Bovaird Drive and Yellow Brick Road. 9:00AM start

SEPT. 20 ISLAND LAKE CONSERVATION TRAIL - ORANGEVILLE

Followed by lunch at the Black Birch Restaurant

SEPT. 27 WHITE SPRUCE PARK TRAIL

Follow Heart Lake Road north to Copperfield Road #10302. Turn left on Copperfield Road and follow to parking lot on the left. 9:00AM start.



A SPECIAL SHOUTOUT TO PETER & JANET VOLKES....



...."this is the tenth BBQ that Peter and Janet have hosted for the Brampton Probud Walking Club, which is quite amazing. It was beautiful day and a fabulous BBQ!"

Elgin





GOLF CLUB – Steve Hughes reports...

Probus Golf is in mid-season "form".

We have had a consistent turnout for our Monday 4 morning tee offs starting at 8:06 and ending at 8:33.

We would welcome any member who would like to join us for a fun morning of golf and friendship. Even if we haven't seen you yet this summer!

Arrive around 7:40 and we will put you in a group to play.

Thanks,
Steve

Steve Hughes

416-985-6667

gshughes33@gmail.com



Tiny Thoughts.... presented by **Neil Watson**



"A positive mindset won't carry you to victory, but a negative one guarantees defeat."

OUR THANKS....

Thanks to all who have provided content for the newsletter, and as always, a special thanks to Ron Crouse for his monthly Illustration.

Have a comment? A suggestion? or a submission?

*Newsletter comments, suggestions, or
submissions, may be directed to*

Probus32brampton@gmail.com